THE COACH



Peh Puay Eng is a Life and Career Coach, Facilitator and self-directed professional with a track record of maximizing performance of others, delivering global business results, developing and retaining talents and leading the industry with new technology and capability.

As a coach, she inspires youths and develops high potential employees in realizing their potential, becoming more resilient, improving well-being and leading increasingly fulfilled lives.

Her experience and expertise are accumulated through 30+ years of working in multiple organizations, such as The Tree Wonders, Microsoft, NEC, Compaq, Nortel and Republic of Singapore of Singapore Air Force (RSAF).

Outside of work, Puay Eng enjoys spending time with family and friends, reading, teaching, coaching, mentoring, hiking in mountainous terrain and contributing to the community through volunteering work. Nathan Carson, Service Manager

66 I highly recommend Puay Eng Peh for her extraordinary coaching abilities. She has lifted tremendous roadblocks for me over the years and has provided me extremely valuable insight...She unlocks your mind, provides life lessons for future guidance... Her skills are truly unique and invaluable."

Mark Achzenick, Vice President of IT Innovation and Support

66 Puay Eng demonstrated strong leadership, passion, technical aptitude and flexibility that allowed her to deliver successful programs and services that required diverse teams to align behind efforts that had failed to be achieved in previous attempts. She cares about the people as well as the objective and never missed an opportunity to recognize others."



Registration Number: 53273428M



CONTACT DETAILS

For confidential discussion, please contact Peh Puay Eng through:

Mobile: +65 9754 4477

Email: <u>PuayEng.Peh@Outlook.com</u>

Skype: pehpuayeng

Facebook: The Tree Wonders

Website: <u>www.TheTreeWonders.com</u>

COACHING

The Tree Wonders Life and Career Coaching aspires to bring out your personal best and to support you in achieving more of what is important to you. We believe that you can grow stronger, happier and lead increasingly fulfilled lives. You in turn, can contribute your goodness and wonders to your community; like how the trees grow and support their ecosystem in their own unique way.

Results and Benefits include:

- Improved resilience and job performance resulting in getting ahead professionally.
- Responsible decision-making leading to improved ability in handling uncertainties.
- Enhanced self-awareness and management that will enrich relationships, improve well-being, quality of life and lead increasingly fulfilled life.
- Reduced stress while meeting the demands of 21st Century.
- Making a bigger impact in the world.

WHY 'THE TREE WONDERS'?

A Tree is often regarded as a symbol of resilience. It also contributes in multiple ways, numerous of which we take for granted.

Both Human and Tree grow in their own unique way and contribute to the community in one way or another.

Growing up is a wonder. Exploring what one can do is a wonder. Doing more of what is important makes all of us to be wonderful and meaningful for the world we live in.

For Who?

- IT professionals in their desire to get ahead professionally and still lead a balanced and fulfilled lives.
- High potential employees who desire to reach their goals in a shorter amount of time and/or going through career transitions.
- Youths pursuing higher education or entering the working society.

COACHING AREAS

- Career coaching, including change, advancement, transition and goals setting.
- Remote management and global team effectiveness across various cultures and locations.
- Personal effectiveness, including prioritization, time management, communication skills, work-life balance, self-management and stress management
- Managing life transitions.
- A sounding board to bounce and validate ideas.

START HERE

Receive a 45 minutes no obligation complimentary coaching session. Contact Peh Puay Eng through:

Mobile: +65 9754 4477

Email: <u>PuayEng.Peh@Outlook.com</u>

Skype: pehpuayeng

Facebook: TheTreeWonders

Website: <u>www.TheTreeWonders.com</u>