

THE COACH



PEH Puay Eng is a Life and Executive Coach (PCC) who accelerates Leader's career growth (specialised in IT industry).

Puay Eng has 30+ years of experience in delivering global business results and leading the IT industry with innovative technology and capability.

She enjoys developing talents and bringing out the best in them. Her goal is to continue developing a deeper understanding of the challenges faced by IT leaders.

She wants to continue having the opportunity to ignite the light bulbs in leaders, accelerate their transformation and support them in achieving more of what is important to them in life.

Outside of work, Puay Eng enjoys spending time with family and friends, reading, teaching, coaching, mentoring, hiking in mountainous terrain and contributing to the community through volunteering work.

Nathan Carson, Service Manager

“I highly recommend Puay Eng Peh for her extraordinary coaching abilities. She has lifted tremendous roadblocks for me over the years and has provided me extremely valuable insight...She unlocks your mind, provides life lessons for future guidance... Her skills are truly unique and invaluable.”

Mark Achzenick,
Vice President of IT
Innovation and Support

“Puay Eng demonstrated strong leadership, passion, technical aptitude and flexibility that allowed her to deliver successful programs and services that required diverse teams to align behind efforts that had failed to be achieved in previous attempts. She cares about the people as well as the objective and never missed an opportunity to recognize others.”



THE TREE WONDERS

Registration Number: 53273428M

LIFE & EXECUTIVE COACHING

STOP SAYING

I WISH.

START SAYING

I WILL.

CONTACT DETAILS

For confidential discussion, please contact Peh Puay Eng through:

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COACHING

The Tree Wonders Life and Executive Coaching aspires to bring out your personal best and to support you in achieving more of what is important to you. We believe that you can grow stronger, happier and lead increasingly fulfilled lives. You in turn, can contribute your goodness and wonders to your community; like how the trees grow and support their ecosystem in their own unique way.

Results and Benefits include:

- ◆ Improved resilience and job performance resulting in getting ahead professionally.
- ◆ Responsible decision-making leading to improved ability in handling uncertainties.
- ◆ Enhanced self-awareness and management that will enrich relationships, improve well-being, quality of life and lead increasingly fulfilled life.
- ◆ Reduced stress while meeting the demands of 21st Century.
- ◆ Making a bigger impact in the world.

WHY 'THE TREE WONDERS'?

A Tree is often regarded as a symbol of resilience. It also contributes in multiple ways, numerous of which we take for granted.

Both Human and Tree grow in their own unique way and contribute to the community in one way or another.

Growing up is a wonder. Exploring what one can do is a wonder. Doing more of what is important makes all of us to be wonderful and meaningful for the world we live in.

FOR WHO?

- ◆ Professionals in their desire to get ahead professionally and still lead a balanced and fulfilled lives.
- ◆ High potential employees who desire to reach their goals in a shorter amount of time and/or going through career transitions.
- ◆ Youths pursuing higher education or entering the working society.

COACHING AREAS

- ◆ Career coaching, including change, advancement, transition and goals setting.
- ◆ Remote management and global team effectiveness across various cultures and locations.
- ◆ Personal effectiveness, including prioritization, time management, communication skills, work-life balance, self-management and stress management
- ◆ Managing life transitions.
- ◆ A sounding board to bounce and validate ideas.

START HERE

Receive a 45 minutes no obligation complimentary coaching session. Contact Peh Puay Eng through:

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